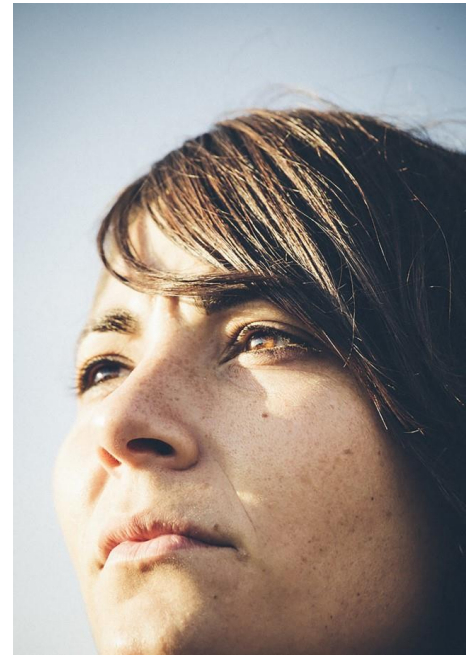


MOROUT PENELOPE

PERSONAL INFORMATION

- Name: Penelope Morout (or Mourrut)
- Nationality: Greek and French
- Date of Birth: 15 April 1982
- Place of Birth: Athens, Greece
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- Profession: Freelance Interdisciplinary Dance Artist
Artistic Director | *Cross iMPact* Civil Non-Profit Company
Project Manager at ArtEZ University of the Arts (Arnhem, NL)
Tik Tok Media Director for the TANZAHOi International Dance Film Festival (Hamburg, DE)



EDUCATION

- September 2018-July 2020: Master Theatre Practices (MTP) at ArtEZ University of the Arts, Arnhem - NL.
- 2009-2012. Bachelor's Degree in dance, choreography and teaching. K.S.O.T. (Greek National School of Dance), Athens - GR.
- 2007-2008. Certificate of Higher Education in Dance Theatre. Trinity Laban Conservatoire of Music and Dance, London - UK.
- 2000-2008. Bachelor's degree of Architect engineer (Master equivalent). N.T.U.A. (the National Technical University of Athens) - School of Architecture, Athens - GR.
- 2016. Certificate of Course Completion: Cardiopulmonary Resuscitation (CPR) & Automated External Defibrillator (AED) by Rescue Training International (R.T.I.)
- 2016-2017. *Certified Trainer in Group and Personal Training* by the International Aerobic and Fitness Association (I.A.F.A. College).
- 2011-2016. *Fighting Monkey Practice*, founded by RootlessRoot (Linda Kapetanea – Jozef Frucek).
- 2011-ongoing. *Sculpting Body-Images* (improvisation and release technique), *Movement Playground* (outdoor training) and *Body Crafting* (mat routine): designing athletic and dance/movement courses.

PERFORMANCES

▪ 2021-ongoing. *THAT DEAD SPACE BETWEEN US* (Cross iMPact Company) – Co-production with Home of Performance Practices (Arnhem, NL) and Dance Days Chania International Contemporary Dance Festival (Chania, Greece).

With the support of Murate Art District (Firenze, IT), the Design School – ABAVR (Verona, IT), Attivisti della Danza Independent Group (Firenze, IT) and Duncan Dance Research Center (Athens, Greece).

▪ 2020/11/03. *H.I.I.T. [High Intensity Identity Training]* (performer + creator) – Murate Art District, Florence – IT. | *postponed due to Covid-19.*

▪ 2020/10/30-2020/11/01. *H.I.I.T. [High Intensity Identity Training]* (performer + creator) – ReA!Art Fair, Fabbrica del Vapore, Milan – IT. | *presented as video installation, due to Covid-19 restrictions.*

▪ 2020/09/08-07. *T.E.P. [The Elephant Project]* - Amsterdam Fringe Festival, Foundation Perdu, Amsterdam - NL.

▪ 2020/03/02-16. *Ψ* (choreographer + set designer) – Apo Koinou Theatre, Athens – GR.

▪ 2019/03/02-31. *Folie à Deux* (director + choreographer) - Sfondoni Theatre, Athens – GR.

▪ 2019/01/24-26. *T.E.P.* 4th COME TOGETHER Festival - Frascati Theatre, Amsterdam - NL.

▪ 2019/02/15. *Public Restitution | Witchcraft Room.* Vest&Page – ArtEZ Performance Practices, Arnhem – NL.

▪ 2016. *Friday night/Game night.* Neos Kosmos Theatre, So7, Athens - GR.

▪ 2015. *Prometheus Bound.* On tour in open-air Ancient Greek Theatres including Ancient Theatre of Epidaurus and Odeon of Herodes Atticus, Kostas Filippoglou, GR.

▪ 2015. *Moving Pictures.* Music in Motion Festival - Trianon Theatre, Alma Libre Co, Athens - GR.

▪ 2015. *Opera Alcestes.* Athens Concert Hall, Juxtapoz Company.

RESIDENCIES

▪ 2020/10/19 – 12. Artistic residency for *THAT DEAD SPACE BETWEEN US* at Duncan Dance Research Center, Athens, Greece.

▪ 2020/10/27 – 19. Artistic residency for *H.I.I.T.* at P.A.R.C. / Fabbrica Europa, Florence, Italy.

▪ 2020/10/17 – 06. Artistic residency for *H.I.I.T.* at Murate Art District, Florence, Italy.

- 2020/03/15 – 05. Artistic residency for *H.I.I.T.* at Ecole Nationale de Cirque, Châtellerault, France.
- 2019/03/24 – 07/04. Artistic residency with the master's program, PAF, Reims, France.
- 2019/02/24 – 03/03. *I:M.* Artist in residence, Kinitiras Studio, Athens, Greece.

SCREENDANCE&EXHIBITIONS

- 2020/12/12-07. *DRESS-UP*, *Ophelia* and *H.I.I.T. Apparatus – A Miniature Dance*: selected to be part of the online 5th edition of V IMARP - Mostra Internacional de Dança - Imagens em Movimento (BR).
- 2020/12/06-01. *DRESS-UP* and *H.I.I.T. Apparatus – A Miniature Dance*: selected to be part of the online 3rd Festival International de Danse Animée, in Saint-Denis de la Réunion (FR). www.hangars-numériques.org
- 2020/08/29-2020/10/04. *Ophelia* short screendance film selected to be part of the international Exhibition HUMAN RIGHTS? THE FUTURE'S SHAPE | #WomenCanSaveTheWorld, Trento – IT.
- 2020/08/06-2020/08/04. *H.I.I.T. Apparatus – A Miniature Dance* mixed-media film: selected to be part of the 2st International Forum of performance Art (online edition), in Drama, Greece. <https://performanceforum.gr/>
- 2020/08/06-2020/08/04. *H.I.I.T. Apparatus – A Miniature Dance* mixed-media film: selected to be part of the 1st TANZAHoi International Film Festival, with online screenings and live-streaming discussions between the artists and the audience. www.tanzahoi.org
- 2019/06/24-28. *A Weaver's Tales*. An interdisciplinary installation (drawing, crafting, audience participation) in Master Theatre Practices in ArtEZ University of the Arts, Arnhem, Netherlands.

WORKSHOPS AND LECTURES

- 2021/07/13-09. *Sculpting Body-Images* Workshop (improvisation & mobility) for adults 50+ at Kalamata International Dance Festival, in Kalamata – GR.
- 2020/10/17+15. *Sculpting Body-Images* Workshop (contemporary dance & improvisation) at Murate Art District, in Florence – IT.
- 2020/08/17-21. *Sculpting Body-Images* Workshop (contemporary dance & improvisation) at MUDA KUNSTSECUNDAIR, in Ghent – BE.
- 2019, May. *Movement Playground* within the context of START-Create Cultural Change, a cultural initiative to generate a positive social impact on the local community of N.Philadelphia - Athens, GR.
- 2019, March. Lecture and open discussion with the students of the Department of Theatre Studies of

the National and Kapodistrian University of Athens, as part of their 'New Ways of Directing' module.

- 2019, March. Open workshop to share my choreographic strategies for *I:M* - Applying early filming techniques, such as the zoetrope, to movement investigation.
- 2014, January. *When the Absurd becomes Normal*. Inspired by Beckett's *The Bald Soprano*, *Chairs* and *Lesson*, a physical theatre intensive workshop with a chosen group of performers, which led to an open showing.
- 2011, August. *Movement Playground* for children, as part of the teaching faculty of BROCANTE International Circus Festival, Val Colvera – Italy.

ARCHITECTURE/RESEARCH

- 2020. *H.I.I.T. | High-Intensity Identity Training: Strategies of Self-Awareness in a World Fit for Consumption* / Master's Thesis, Master Theatre Practices – Arnhem, NL.
- 2008. *Dance Centre in Tavros* / Thesis nomination for the Technical Chamber of Greece Award.
- 2005-2006. *Choreographing Space: meeting points between Dance and Architecture* / Dissertation. National Technical University, Athens, Greece.